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Max Bell Centre, University of Manitoba | Friday, May 29, 2015 | 7 p.m to 7 a.m.

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Winnipeg metro 

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metroNEWS 

Your essential daily news | **TUESDAY, APRIL 28, 2015** | High 18°C/Low 4°C Sunny  



OneRepublic plays to an enthusiastic crowd at MTS Centre Monday. The American pop band played in support of their Native album, released in 2013, but included new music in the mix along with hits like *Counting Stars* and *I Lived*. DAVID LIPNOWSKI/FOR METRO

Taxes could still climb

BUDGET

Provincial government forecast deficit of \$394M

Premier Greg Selinger appears optimistic that his NDP government might avoid tax increases as it continues to struggle to balance the budget.

But he doesn't rule them out. "If we can keep growing the economy, we think there's good prospects to do that," he said Monday when asked about avoiding tax hikes. "But economic forecasts have been brought down."

Selinger pointed to factors he believes work in the province's favour.

"We're going to be one of the top economies in the country. We're going to have one of the best job-growth stories in the country. Working people contribute to the overall ability to

provide government services and provide fiscal prudence and keep deficits down, so we think we're going in the right direction on all those scores."

During the 2011 provincial election campaign, Selinger promised to balance the books by 2015. A year later, he pushed the target back to 2017. The target has now been postponed to 2018.

The NDP government forecast a deficit of \$394 million for the fiscal year that ended last month, although final numbers will not be in until summer.

Progressive Conservative Leader Brian Pallister said the government has failed to rein in expenses by expanding the number of cabinet ministers, communications staff and other personnel.

The provincial budget is to be delivered Thursday at the start of the spring legislature sitting. Selinger has hinted that a cabinet shuffle may be held before then.

THE CANADIAN PRESS

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ANIMALS

Craig Street Cats seeks foster homes

A Winnipeg no-kill cat shelter set to close this week is desperately looking for foster spaces for nearly 200 cats.

Craig Street Cats, at 489 Madison St., has to be out of the space by Thursday, and the adoption centre's executive director said their new home will not be ready in time.

"We are putting out an emergency call for foster spaces," said Lynne Scott in a release.

"Our lease expires on Thursday, and our new adoption centre is not ready for the cats. We can't move them in until we install an air makeup unit, and we have not been able to raise enough money to pay for one."

Scott said the group is about \$30,000 short of its minimum fundraising target of \$78,000.

"Until we can raise that money and install the air makeup unit, we will have to foster the cats in private homes," she said.

The organization needs to find qualified foster placements for 190 cats and Scott



We are always one month away from having to close.

Lynne Scott

had no estimate for how long it might take to open the new centre.

The shelter is being forced to relocate after their landlord did not renew the non-profit's lease.

The move comes after a year that already had the shelter in financial straits, after construction near the shelter restricted access, resulting in a huge drop in donations and adoptions.

"We are 100 adoptions short of where we were last year, and income is down \$30,000 to \$40,000," she said last July. "We are always one month away from having to close, this has put us about a week away from having to close. We're day-to-day right now."

METRO



About 200 cats will need foster homes after Craig Street Cats said their new home will not be ready by Thursday. GETTY IMAGES

CRIME

Animal shelter robbed

Several crates used to transport rescue animals were stolen from the loading dock behind D'Arcy's A.R.C. in broad daylight Monday.

"I know they were there this morning because the wind blew them over and I had to pick them up," D'Arcy Johnston, shelter owner and founder, said on Monday afternoon.

Johnston said there isn't enough space inside

the shelter at 730B Century St., so the 10 to 12 various-sized crates had been stored outside for years.

Staff members hope the crates aren't being used to store animals.

"It makes us nervous; we know the grim reality out there," said Brenda Jones, shelter manager.

The donated crates range in value from \$50 to \$200.

EVA WASNEY/FOR METRO



SOCCER FROM WINNIPEG TO THE WORLD CUP In a move that surprises no one from her hometown, Winnipeg midfielder Desiree Scott was chosen Monday to play for Team Canada in the upcoming FIFA Women's World Cup. Several games will be played in Winnipeg at Investors Group Field in June. BERNICE PONTANILLA/METRO FILE

Catching a city bus could prove tricky

TRANSIT

Job action by drivers could put 30 runs a day in jeopardy

Unionized bus drivers and maintenance staff with Winnipeg Transit are refusing to work overtime.

The move took effect Monday as negotiators for the Amalgamated Transit Union and the city continue contract negotiations.

The city says the action means some buses may not show up on schedule, and service on some routes may be cancelled.

John Callahan, a union spokesman, says up to 30 runs per day are done by drivers on overtime.

Handi-Transit customers are not affected, as that service is handled by private contractors.

Negotiations were sched-



Waiting for a bus? Drivers are no longer working overtime. SHANE GIBSON/METRO FILE

uled to resume Monday after the union rejected an offer last Friday.

Callahan says the main issues are wages and the need for more staff.

"We don't want to inconvenience the public any more than

they are going to be inconvenienced by this. Our goal is to prove a point that you can't run a system this lean that you're dependent on overtime in order to get the service out," he said.

Transit riders are being

asked to visit the Winnipeg Transit website, or call 311 for information about delays or cancellations.

The last time there was a transit strike in Winnipeg was 1976.

THE CANADIAN PRESS

Homeless asked to take precautions after slayings

CRIME

Police remove four dumpsters from behind local shelter



Shane Gibson
Metro | Winnipeg

While investigators removed four dumpsters from behind Siloam Mission Monday, it and other agencies working with Winnipeg's homeless say they're making sure their clients are taking precautions after the bodies of two men were found in the downtown Saturday.

An employee at a business near Siloam said officers who arrived on scene shortly before 8 a.m. Monday told him the area behind the mission at 300 Princess St. was taped off and the dumpsters had tarps over them as part of the investigation into the homicides.

Winnipeg's homeless and vulnerable community were warned Sunday after police say at least one suspect "brutally killed" two men within the span of four hours over the weekend.

Police say Donald Collins, 65, was found in the rear of 329 Hargrave St. around 12:45 a.m. and Stony Stanley Bushie, 48, was found behind 333 Portage Ave. around 6:30 p.m.

Siloam's deputy director Laiza Pacheco said police didn't tell them what was of interest in the dumpsters, but the mission is co-oper-

ating completely with the investigation.

"We're trying to be as helpful as we can," she said.

Pacheco said the dumpsters could contain garbage from all aspects of the mission's work — from food scraps to things thrown out by people staying overnight — as well as anything thrown in by people walking past.

She said the bins are picked up weekly, but couldn't say when they'd last been dumped.

While police continue to investigate, Pacheco said Siloam has put posters about the crime up at the mission, and staff are making sure their clients know to be careful on the streets.

Lighthouse Mission operations manager Joel Cormie said staff at that mission would be doing the same for the 250 people expected for lunch Monday.

"Obviously it's horrific and horrible and we hope that the person is caught and brought to justice," he told Metro. "But whatever the reason it's happening we just hope that people are safe and they're taking the necessary precautions not to put themselves in harms way."

WITH FILES FROM ELISHA DACEY

+ VIDEO RELEASED

A video released by police on YouTube Monday said the public should expect to see police investigating the homicides at various alleyways in the downtown area.



Police removed four dumpsters from behind Siloam Mission Monday morning in connection with an investigation into the homicides of two men over the weekend. SHANE GIBSON/METRO

PREVENTION

More must be done to protect vulnerable people: Premier

At an unrelated press conference Monday morning, Premier Greg Selinger called the killing of two men in downtown Winnipeg a tragedy.

"Everybody is a citizen of Manitoba and we want everybody to have the support of a safe community," he told reporters.

"Anybody that loses their life through murder is a tragedy."

Homicide detectives are investigating after Donald Collins, 65, and Stony Stanley Bushie, 48 were found dead within hours of each other in



It's very important that we provide a safe haven for people.

Premier Greg Selinger

the downtown area Saturday.

Police say both men are from the city's homeless and vulnerable community. They also believe at least one suspect is responsible for both killings.

The premier said more

needs to be done to protect vulnerable Manitobans.

"It's very important that we provide a safe haven for people," he said, noting the province supports a housing-first strategy for the homeless and is working with the city to pay for extra cadets and police downtown.

"With the work we're doing we are seeing some good results but when this tragedy happens it just makes us redouble our efforts to move further on that road of preventing homelessness."

SHANE GIBSON/METRO



Premier Selinger called the killing of two men in Winnipeg over the weekend a "tragedy" Monday. EVA WASNEY/FOR METRO

LEGISLATION

Feds stall on doctor-assisted suicide

Two months after Prime Minister Stephen Harper promised to consult widely on doctor-assisted dying, the federal government has yet to reveal how it intends to canvass Canadians' views on the emotional issue — much less how it intends to legislate on the subject.

And time is running out.

When the Supreme Court struck down the prohibition on physician-assisted dying last February, it gave the federal government 12 months to craft a new law that recognizes the right of clearly consenting adults who are enduring intolerable physical or mental suffering to seek medical help to end their lives.

With Parliament scheduled to sit just six more weeks before an extended break for the summer and a fall election, the government has only three or four months in which to introduce, debate and pass a new law.

Time is so short that Winnipeg Conservative MP Steven Fletcher suspects the most likely upshot is there will be no new federal law, leaving provinces to fill the vacuum with a patchwork of laws, within the parameters of the top court's ruling.

Asked last week about the deafening silence, a spokeswoman for Justice Minister Peter MacKay said: "We recognize the tight timeline imposed on us by the Supreme Court and we should be in a position to announce the way forward on this file in due course."

Opposition MPs have speculated that the Conservatives are deliberately dragging their feet, reluctant to take action before the election on an issue that could alienate some of their supporters.

Fletcher acknowledged that most politicians "would rather have their eyes scratched out" than deal with the issue of doctor-assisted dying. That explains why, in his view, two private member's bills he introduced on the subject two years ago have gone nowhere fast.

Should the country wind up with no federal law, Fletcher stressed that wouldn't mean some sort of Wild West "free-for-all" would ensue. The court, he noted, has laid down a host of strict conditions that must be met to legally end one's life with the help of a doctor.

"I would want to be very clear that if that (federal legal void) were to happen and if someone took it upon themselves to end someone's life, not a physician, without consent ... that would be murder."

THE CANADIAN PRESS

TRANSIT TUESDAY

Weekly Transit News Update



NEW MILLENNIUM LIBRARY SERVICE CENTRE NOW OPEN

Winnipeg Transit's Millennium Library Customer Service Centre, located at 251 Donald St. (corner of Graham Avenue and Donald Street) is now open. Service hours are Monday to Friday, 8:30 a.m. to 4:30 p.m.

CONVENIENT DART SERVICE

Try Dart, the "Dial-A-Ride Transit" service for residents living in selected areas of south and southeast Winnipeg. DART buses operate during off-peak hours only and are cell-phone equipped. Call 204-287-3278 (BUS-DART) and speak directly to the bus operator to arrange pick up from your home to/from a transfer connection. Please call well in advance of your trip. All rides are scheduled on a first-come, first-served basis. Visit winnipegtransit.com or call 311 for more information.

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GET MOBILE WITH BUSGUIDE!

BUSguide is the mobile version of Winnipeg transit's award-winning website. You'll get the same great features and information in a format that is optimized for internet-enabled mobile devices. Go to m.winnipegtransit.com

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Peter Fehr, owner of Gourmet Inspirations, and Bessie Hatzitriton, owner of Bessie's Best, created Love Local MB in order to showcase Manitoba artisans who are producing high-quality food and beverages. EVA WASNEY/FOR METRO

It's like a 'classy version of a farmers market'

FOOD AND DRINK

Love Local MB to showcase the province's best

Eva Wasney
For Metro | Winnipeg

Local food and beverage lovers are in for some unexpected Manitoba treats at the second annual Love Local MB beer, wine

and food event. More than 30 vendors will be sampling and selling their wares Thursday from 5 p.m. to 10 p.m. in the Ambassador Room at the Canad Inns Club Regent Casino Hotel.

"It's kind of like a classy version of a farmers market, but with vendors you might not see at your average farmers market," said Peter Fehr, owner of Gourmet Inspirations, who is co-organizing the event with Bessie Hatzitriton, owner of Bessie's Best.

Visitors can try foods, con-

ditions and beverages from Manitoba vendors, including Cornell Creme handcrafted ice cream, Smak Dab gourmet mustards and Yomm Beverages hibiscus drinks.

"The goal is to spoil your senses," said Hatzitriton. "We're featuring healthy food that tastes good and is good for you."

Hatzitriton's Mediterranean dips and spreads and Fehr's line of gourmet finishing sauces became popular in the local farmers market circuit, which led

to the duo starting Love Local MB to promote other artisans.

"We wanted to showcase the fine talent of food producers in the province and encourage the public to shop locally," said Fehr.

Last year, around 400 people came to the event and Hatzitriton and Fehr are hoping to double that number this year.

Tickets are \$15 in advance or \$20 at the door.

Love Local MB will donate a portion of their proceeds to Food Matters Manitoba.

IN BRIEF

Police looking for man suspected of exposing himself at seniors home

Police are looking for a suspect after a man exposed himself and masturbated outside at a seniors home in Carman earlier this month.

An overnight female employee at the home called RCMP after a man exposed his genitals to her through a window and began masturbating around 1:15 a.m. on April 11. The man fled when the woman picked up the phone to call police.

Police say a similar incident happened at the same home in November 2014.

The man is described as white, tall with a thin build.

Anyone with info is asked to call Carman RCMP at 204-745-6773. METRO



HEALTH CITY TO GET FIFTH QUICKCARE CLINIC Health Minister Sharon Blady, Premier Greg Selinger, MLA Erin Selby and Lori Lamont from Winnipeg Regional Health Authority announced the construction of Winnipeg's fifth QuickCare clinic at 115 Vermillion Rd. on Monday. QuickCare clinics are staffed by practitioners trained to deal with non-emergency ailments such as sore throats and the flu. The clinic is scheduled to open later this year or early 2016. EVA WASNEY/FOR METRO

New CSIS powers not scary: PM's aide

INFORMATION SHARING

Adviser says aim is more targeted work on threats

Prime Minister Stephen Harper's national security adviser says planned new powers for Canada's spy agency seem

more frightening than they really are.

Dick Fadden says giving the Canadian Security Intelligence Service the ability to disrupt extremist plots will help squelch such activity at a very early stage.

Fadden, a former CSIS director, told a Senate committee the government's anti-terrorism bill will allow security agencies to take a more sur-

gical approach to dealing with jihadi-inspired radicals.

The bill would give the spy service explicit power to alert the family and friends of a suspected extremist.

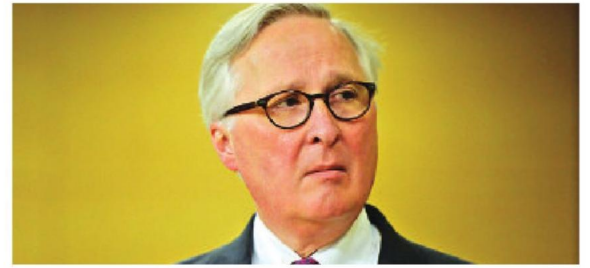
It would also allow the spy service to thwart a suspect's travel plans, disrupt bank transactions and covertly interfere with radical websites.

The legislation would also make it easier for the RCMP to

obtain a peace bond to restrict the movements of suspects and extend the amount of time they can be kept in preventative detention. "It seems more frightening than it really is," said Fadden about the change.

The federal privacy commissioner has expressed grave concerns about the information-sharing provisions, saying they could open the door to abuses.

THE CANADIAN PRESS



Richard Fadden at a Senate committee. THE CANADIAN PRESS

POLITICS

Ad blitz promotes the federal budget

The Conservative government has booked \$13.5 million for an all-out, co-ordinated blitz in April and May to advertise its 2015 pre-election budget.

The push, detailed in internal government documents obtained by The Canadian Press, builds on existing Finance Canada and Canada Revenue Agency campaigns to promote Conservative tax measures both past and proposed — the backbone of the Harper government's re-election strategy.

Phase VIII of a CRA campaign entitled Tax Relief Measures comes with a \$6-million budget this fiscal year and is described as a "continuation of the 2014-15 ad campaign."

The ad buy is listed as a bulk purchase of TV for April, a "heavy-up" April TV buy and an "April 2015 NHL (TV)" buy.

Playoff hockey fans will have seen the publicly funded campaign.

"The intention is to encourage taxpayers to claim the tax relief measures to which they may be entitled and file their tax returns online and on time," says the internal government ad description.

It comes as Finance wages a \$7.5-million campaign broadly

described in a February document as illustrating how the budget "is on track to positioning Canada for success in the 21st century global economy through a series of measures."

How will the government illustrate that success? By promoting tax benefits, the internal government campaign description suggests.

Two radio ads under the "EAP Jobs and Growth Radio campaign (Winter 2015)" show that the April spots "consist of a similar message as the CRA's Tax Filing campaign which is currently on air via TV, Internet and print."

In all, Finance and the tax agency have booked \$13.5 million in 2015-16 to promote last week's federal budget. A federal election must be held by Oct. 19.

Those pocketbook-focused ads are augmented this month by a heavy buy of military recruitment ads, which dovetail with Conservative anti-terrorism and security messaging.

The spring ad blitz comes amid increasingly vocal opposition to the Harper government's use of taxpayer-funded advertising.

THE CANADIAN PRESS

IN BRIEF

Omission of Srebrenica from genocide motion questioned

The Bosnian government is calling on the Canadian Parliament to correct its "mistake" of not including the 1995 Srebrenica massacre during its recognition on Friday of 20th-century genocides. A leading Bosnian Muslim organization says it, too, is surprised that the Commons did not include the Srebrenica killings. Parliament passed a motion declaring April to be Genocide Remem-

brance, Condemnation and Prevention Month.

THE CANADIAN PRESS

Jury trial chosen in python case

A man charged in the deaths of two boys who were killed by a python in northern New Brunswick has elected a jury trial. Jean-Claude Savoie, 38, is charged with criminal negligence causing death after the two young brothers were asphyxiated by an African rock python in 2013.

THE CANADIAN PRESS

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Elizabeth Lamont PHOTO: Réjean Braud Photography

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24 SUSSEX DRIVE

Feds pay cool \$10K for a new ice maker

Joe Lofaro
Metro|Ottawa

It's the Victoria Day long weekend and you and your dinner guests are basking in the sun, munching on nibbles while patties cook on the grill. You go inside to get something to cool your beverage and then it hits you: You have no ice.

It's a common enough dinner party faux pas that Prime Minister Stephen Harper and his wife Laureen are hoping to avoid this spring now that the aging commercial ice machine in the basement of their official residence at 24 Sussex Drive has finally reached the end of the line.

So the National Capital Commission, which manages the historic home, replaced it with a new, heavy-duty machine to grace their kitchen, according to a Jan. 19 memo obtained by Metro under the Access to Information Act.

The federal Crown corporation figured it would take 45 days to replace the old machine with a new one, at a cost of about \$10,000.

The machine alone was

pegged to cost \$7,000, with another \$2,000 to \$4,000 for mechanical and electrical modifications to move the unit to the kitchen from the basement.

"The new equipment is required to appropriately support the daily operation of the house as well as special events and functions," according to the memo.

Mark Kristmanson, head of the NCC, gave the OK on the contract on Feb. 9.

"Please ensure that the costs are kept to a minimum," wrote Kristmanson.

The NCC says the work has been done, but a spokesman wasn't able to say how much it cost.

The machine is just one of many repairs needed at the 147-year-old heritage building in recent years.

It is well known that the home is in dire need of major updates, but Harper has reportedly refused to allow the restorative work.

The 10,850 square-foot residence is divided into two sections: private living quarters for the prime minister's family and a public section which usually is used to host luncheons and foreign visitors.

\$10K

A new ice machine was estimated to cost about \$10,000.



MILITARY NEXT DEFENCE CHIEF ANNOUNCED

Lt.-Gen. Jonathan Vance, pictured, will be the next chief of defence staff, Prime Minister Stephen Harper announced Monday. Vance is shown at a technical briefing in Ottawa, at National Defence Headquarters, on Tuesday, Nov. 4, 2014. The briefing involved combat strikes against the Islamic State of Iraq and the Levant (ISIL). Later this year, Vance will replace the soon-to-retire Gen. Tom Lawson. FRED CHARTRAND/THE CANADIAN PRESS

More books for visually impaired

TREATY

Agreement seeks to lower barriers for the blind worldwide

Visually impaired Canadians long frustrated with a lack of accessible literature in the country will soon have access to hundreds of thousands of titles from collections around the world.

The federal government is on the verge of amending copyright laws to allow Canada to fully implement the Marrakesh Treaty, a global agreement that will see dozens of countries pool resources to lower accessibility barriers for people who struggle to read printed material.

Under the terms of the deal, participating countries will create copyright exemptions that allow them to share audio books, electronic texts and other accessible forms of print material with other treaty signatories.

The resulting library, which already features 285,000 titles in 55 languages, will be accessible to people with visual or physical impairments that prevent them from reading text either on paper or on a screen.

Advocates are hailing the treaty as a crucial first step towards closing a yawning gap between those who require accessible texts and those who don't.

Diane Bergeron, an Executive Director with the Canadian National Institute for the Blind, said only seven per cent of the world's accumulated literature

“
Canadians should not be denied opportunities to read and educate themselves simply because they are print-disabled.

Industry Minister
James Moore

is currently available in alternate formats.

The Marrakesh Treaty, she said, can help level the playing field by simplifying rules and cutting red tape. The current laws require countries to seek permission from individual copyright holders if they want to share books across borders.

Using the example of five different countries hoping to share the Harry Potter series, Bergeron said that each country would have to produce its own copies of every series entry, thereby duplicating efforts underway in other parts of the world.

"You'd have five copies of that book being created in alternate format at approximately \$1,500 a shot," Bergeron said in a telephone interview.

"With the treaty, we can now not have to gain copyright holder permission. Canada can do book one, the United States can do book two and so on and so forth."

Canada will start implementing the treaty later this week when Industry Minister James Moore tables a bill introducing it in the House of Commons. THE CANADIAN PRESS

IN BRIEF

Chief orders evacuation of First Nations community

The evacuation of a flood-threatened northern Ontario community is nearing completion.

Kashechewan First Nation Chief Derek Stephen said there are about 200 people were in the town of nearly 2,000. They were expected to be flown out Tuesday, along with the chief himself.

The chief and other officials are worried about the

breakup of the ice on the Albany River, just south of James Bay.

He earlier said that he was going to evacuate the entire town, but has decided to stick with his original plan to keep 15 to 20 residents around to keep watch.

The evacuees are being relocated in a number of nearby communities.

"Everyone is getting settled," Stephen said.

THE CANADIAN PRESS

ONTARIO

Teacher denied leave to take father to WWII event

An Ontario teacher who has been denied unpaid leave to accompany his 90-year-old veteran father to a Second World War ceremony in Europe is drawing support from hundreds of strangers.

An online petition condemning the Avon Maitland District School Board's decision had obtained more than 1,600 signatures as of early Monday

afternoon.

The petition says Rick Boon, a teacher for the board, was denied permission to take his father, Art Boon, to an event commemorating the 70th anniversary of the liberation of Holland, after accompanying him to other ceremonies in previous years.

It says there is no other family member available or

experienced enough to accompany the older Boon on the trip.

The school board, which administers public schools in Huron and Perth Counties, including the city of Stratford, says it considered a number of factors in making the call, including how many leaves the teacher had previously taken and what impact his absence would have on students.

But many have condemned what they consider a disrespectful and unpatriotic move by administrators.

"I am appalled about the lack of respect that this shows for Mr. Boon and his son. Do you not have substitute teachers?" one wrote on the petition website.

A woman who said she was one of Boon's past students and

had heard his father speak at countless Remembrance Day assemblies called the board's decision "absurd."

"I guarantee you that these students will learn far more from Rick and Art Boon about Canadian history and the war than they ever will from a text book. Please rethink your decision," she said.

THE CANADIAN PRESS

+ STATEMENT

The board says in a statement that the decision "was never intended as a slight" against the veteran or the "important role he has played both in serving our country and in preserving history for our students."



Nepalese people affected by the recent earthquake queue to receive food from a non-governmental organization on Monday, in Kathmandu, Nepal. MANISH SWARUP/THE ASSOCIATED PRESS

Quake death toll climbs

NEPAL

Saturday's tremor was magnitude-7.8

As the death toll from Nepal's devastating earthquake climbed past 4,000, aid workers and officials in remote, shattered villages near the epicentre pleaded Monday for food, shelter and medicine.

Help poured in after Saturday's magnitude-7.8 quake, with countries large and small sending medical and rescue teams, aircraft and basic supplies. The small airport in the nation's capital, Kathmandu, was congested and chaotic, with some flights forced to turn back early in the day.

Buildings in parts of the city were reduced to rubble, and there were shortages of food, fuel, electricity and shelter. As bodies were recovered, relatives cremated the dead along the Bagmati River, and at least a dozen pyres burned late into the night.

Conditions were far worse in the countryside, with rescue workers still struggling to reach mountain villages two days after the earthquake.

Some roads and trails to the Gorkha district, where the quake was centred, were blocked by landslides — but also by traffic jams that regularly clog the route north of Kathmandu.

"There are people who are not getting food and shelter. I've had reports of villages where 70 per cent of the houses have been destroyed," said Uday Prashad Timalina, the top official for the Gorkha region.

World Vision aid worker Matt Darvas arrived in the district in the afternoon and said almost

no assistance had reached there ahead of him. Newer concrete buildings were intact, Darvas said, but some villages were reported to be devastated.

He cited a "disturbing" report from the village of Singla, where up to 75 per cent of the buildings may have collapsed and there has been no contact since Saturday night.

In the villages that have been reached, World Vision said the greatest needs were for search-and-rescue teams, food, blankets, tarps and medical treatment.

Timalina said 223 people had been confirmed dead in Gorkha district, but he presumed "the number would go up because there are thousands who are injured."

He said his district had not received enough help from the central government, but Jagdish Pokhrel, a clearly exhausted army spokesman, said nearly the entire 100,000-soldier army was involved in rescue operations.

"We have 90 per cent of the army out there working on search and rescue," Pokhrel said. "We are focusing our efforts on that, on saving lives."

Nepal's Home Ministry said the country's death toll had risen to 4,010. Another 61 were killed in neighbouring India, and China's official Xinhua News Agency reported 25 dead in Tibet. At least 18 of the dead were killed at Mount Everest as the quake unleashed an avalanche that buried part of the base camp packed with foreign climbers preparing to make their summit attempts.

At least 7,180 people were injured in the quake, police said. Tens of thousands are estimated to be left homeless.

THE ASSOCIATED PRESS

DAMAGE

Locals use selfies to capture loss of landmark

Social media is a chronicle of life, and sometimes death. So it should be no surprise that a site of great human and cultural loss in Nepal's devastating earthquake is now barraged with the clicking of smartphones.

Near Kathmandu's famed Dharahara Tower, a historic nine-storey structure reduced to an enormous pile of red brick dust, dozens of people clambered around the debris clicking selfies and photos of their friends

posing in front of the wreckage.

The tower, built by Nepal's royal rulers in the 1800s, was one of the country's most treasured monuments, and was photographed far more than other buildings destroyed by Saturday's quake. It is unclear how many people were killed in the tower, but it was believed to have been filled with tourists.

Pawan Thapa, a 21-year-old business student who arrived from the suburbs to try to help

with the recovery effort, was dismayed by the scene.

"This is earthquake tourism. This is not right," he said. "They are more interested in clicking their selfies than understanding that it is a tragedy."

Most of those taking pictures, however, did not appear to be tourists but locals capturing the devastation of their community, and the loss of a landmark that had helped define it.

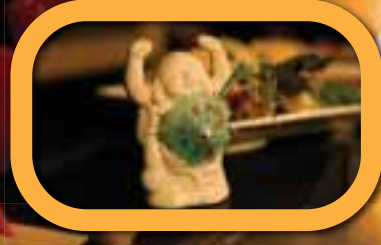
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A man takes a selfie Monday at the historic Dharahara Tower. THE ASSOCIATED PRESS

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HUMAN TRAFFICKING

Migrant smuggling conviction in Italy

A court in Sicily on Monday convicted 20 Somalis who had received political asylum in Italy of a role in a vast criminal organization focused on migrant smuggling.

Prosecutors in Catania said that the defendants were part of an international migrant-smuggling ring that demanded "large sums of money" from migrants from Kenya and Somalia to enter Italy. They then helped them continue their journey to destinations in northern Europe, especially Sweden.

Their convictions bring to 42 the number of people found guilty of involvement in the same smuggling ring, which was operating throughout Italy.

Italy, which has saved some 200,000 migrants at sea since the beginning of 2014, has sought to crack down on human traffickers to help deal

with the huge influx of migrants reaching its shores.

UN Secretary-General Ban Ki-moon on Monday joined Italian Prime Minister Matteo Renzi and EU foreign policy chief Federica Mogherini on a brief visit to an Italian navy ship involved in border control operations in the Mediterranean Sea.

Ban said UN agencies are ready to work with the EU to prevent human trafficking.

THE ASSOCIATED PRESS



This sea has sadly become a sea of tears, a sea of misery.

UN Secretary-General Ban Ki-moon

FREDDIE GRAY DEATH

State of emergency, curfew in Baltimore

Rioters plunged part of Baltimore into chaos Monday, torching a pharmacy, setting police cars ablaze and throwing bricks at officers hours after thousands mourned the man who died from a severe spinal injury he suffered in police custody.

The governor declared a state of emergency and called in the National Guard to restore order. A weeklong, daily curfew was imposed beginning Tuesday from 10 p.m. to 5 a.m., the mayor said. At least 15 officers were hurt, and some two dozen people were arrested. Two officers remained hospitalized, police said.

Officers wearing helmets and wielding shields occasion-

ally used pepper spray to keep the rioters back. For the most part, though, they relied on line formations to keep protesters at bay.

Monday's riot was the latest flare-up over the mysterious death of Freddie Gray, whose fatal encounter with officers came amid the U.S. national debate over police use of force, especially when black suspects are involved. Gray was African-American. Police have declined to specify the races of the six officers involved in his arrest, all of whom have been suspended with pay. Maryland's governor Larry Hogan says activating the National Guard to help with riots was a last resort.

THE ASSOCIATED PRESS



A man walks past a burning police vehicle, Monday, during unrest following the funeral of Freddie Gray in Baltimore.

PATRICK SEMANSKY/THE ASSOCIATED PRESS



GREECE ARMY SGT. WHO SAVED 20 MIGRANTS IS DECORATED Greek Defence Minister Panos Kammenos awards Army Sgt. Antonis Deligiorgis the Cross of Excellence for his role in rescuing passengers on a ship carrying migrants off the island of Rhodes. In one case, Deligiorgis assisted Eritrean asylum seeker Wegasi Nebiat, inset. THE ASSOCIATED PRESS

U.S. judges to decide gay marriage debate

CIVIL RIGHTS

Same-sex marriage legal in all but 14 states

Tuesday is a potential watershed moment for America's gay and lesbian couples. After rapid changes that have made same-sex marriage legal in all but 14 states, the U.S. Supreme Court will hear arguments over whether it should be the law of the land.

All eyes will be on the jus-

tices for any signals that they are prepared to rule that the Constitution forbids states from defining marriage as the union of a man and a woman. On the sidewalk outside, people have been waiting in line since Friday for prized seats for the historic arguments.

The cases before the court come from four states, all of which had their marriage bans upheld by the federal appeals court in Cincinnati in November. That is the only federal appeals court that has ruled in favour of the states since the Supreme Court in 2013 struck down part of the federal anti-



Who decides: the people of each state or the federal judiciary?

John Bursch, representing the State of Michigan

gay marriage law.

The first state to allow gay and lesbian couples to marry was Massachusetts, in 2004. Even as recently as October, barely a third of the states permitted it. Now, same-sex couples can marry in 36 states

and the District of Columbia, a dramatic change in the law that has been accompanied by an equally fast shift in public opinion. Now that everyone else has weighed in through mountains of legal briefs the justices get to decide.

On Tuesday, five lawyers will present arguments over 2 1/2 hours to help the court conclude whether, on this question, the 14 remaining states must join the rest of the country. The push for same-sex marriage comes down to fairness, said Mary Bonauto, representing the plaintiffs.

THE ASSOCIATED PRESS

INDONESIA

Bribery case has no bearing on executions

Australia wants corruption allegations against Indonesian judges investigated before their death sentences against two Australian drug traffickers are carried out, the foreign minister said Monday.

The Australians, Myuran Sukumaran, 33, and Andrew Chan, 31, are among nine drug traffickers who were given 72-hour notices over the weekend that they will be executed by a firing squad.

Indonesian authorities say that the Australians have exhausted all avenues of appeal.

But Foreign Minister Julie Bishop argued that the men should not be executed while they have an unresolved case before Indonesia's constitutional Court and while Indonesia's Judicial Commission investigates claims of corruption in the pair's original trial.

According to Australia's Fairfax Media, Sukumaran and Chan's original Indonesian lawyer, Muhammad Rifan, said the trial judges originally asked for a 1 million rupiah (\$93,000 CAD) bribe to pass sentences of less than 20 years.

Rifan alleged that the deal fell through after the judges later said that they had been ordered by senior legal and government figures to impose the death penalty.

Rifan said the judges then "started asking for a lot more money" to provide a lesser sentence, but the pair did not have any more money, Fairfax Media reported Monday.

Rifan could not be immediately contacted for comment Monday.

Indonesian Attorney General Muhammad Prasetyo said the

bribery case had no bearing on the executions.

"It does not affect the executions because all their (Sukumaran's and Chan's) rights have been fulfilled,"

The two were sentenced to death in February 2006 for leading an Australian smuggling group dubbed the Bali Nine. They were arrested in 2005 after a tip-off from Australian police while trying to smuggle more than eight kilograms of heroin from Bali to Sydney. The rest were sentenced to prison terms. THE ASSOCIATED PRESS

Brazil celebrates Confederate past

CULTURE

Southerners mark 150 years since the Civil War

It had all the trappings of a down-home country fair somewhere below the Mason-Dixon line: Lynyrd Skynyrd medleys, mile-long lines for fried chicken, barbeque and draft beer and a plethora of Confederate flags emblazoning everything from belt buckles to motorcycle vests to trucker caps.

But Sunday's party marking the 150th anniversary of the end of the American Civil War took place about 5,000 miles (8,000 kilometres) south of the

U.S., in a rural Brazilian town colonized by families fleeing Reconstruction.

For many residents of Santa Barbara d'Oeste and neighbouring Americana in Brazil's southeastern Sao Paulo state, having Confederate ancestry is a point of pride. It's celebrated in high style at the annual "Festa dos Confederados," or "Confederates Party."

Thousands turn out every year, including many who trace their ancestry back to the dozens of families who, enticed by the Brazilian government's offers of land grants, settled here from 1865 to around 1875.

The great-great-grandparents of Alcina Tanner Coltre, 77, migrated from Mississippi with their 15-year-old son. "My great-grandfather married a

Brazilian woman, so he integrated into Brazilian culture pretty quickly, but it's really important to me to come out every year to remember where we come from," she said.

Families tucked into diet-busting barbecue and hamburger lunches as the song Dixie played on loop. Teenage girls pulled hoop skirts over their cut-off shorts, taking to the stage painted with a giant Confederate flag. They were on the arms of young men in grey and yellow Johnny Reb uniforms. The pairs solemnly presented the flags of the 13 Confederate states and square danced to raucous fiddle music. But for the abundance of glitter eye shadow and the modern tattoos peeking out from beneath the uniforms, the stage

66

The only place I've been to in the U.S. is Disney World, but I feel the heritage.

Alcina Coltre, Brazilian descendant of U.S. Confederates

had a convincing Gone With the Wind vibe.

American visitors Rex and Gwen Gray were sold.

"It feels really authentic," gushed Gwen Gray, a 69-year-old retiree originally from Greeneville, Tennessee. She said she first read about the Confederados on Facebook a few months ago. "It piqued my

interest, because I've read a lot about the history of the Civil War and I'd never heard about them, and neither had anyone else I know. So we were real curious to see for ourselves."

Americans "were seen as desirable, educated colonists," said Casey Clabough, author of the historical novel *Confederado: A Novel of the Americas*. "From the point of view of American Southerners who had just gone through this catastrophic conflict and were looking toward an uncertain reconstruction period, it certainly seemed attractive." That slavery was legal in Brazil until 1888 may have been a factor, but Clabough said it was doubtful the Confederados could have afforded slaves.

THE ASSOCIATED PRESS

+ BACKGROUND

Hidden history

The story of the Confederate migrants in Brazil is one of the lesser-known tales of the Civil War, said historical fiction author Casey Clabough. It's not known how many people made the arduous journey, Clabough said. Some historical accounts suggest as few as 3,000; others as many as 10,000. Migrants predominantly came from U.S. states in the Deep South. Most were lured by newspaper ads promising land grants to those who helped colonize Brazil's interior.



Descendants of American Southerners wearing Confederate-style dresses dance during a party to celebrate the anniversary of the end of the American Civil War in Santa Barbara d'Oeste, Brazil. Southern music, costumes and barbecue recreated a scene from the United States in the mid- 19th century. Thousands fled the U.S. for Brazil after the war. ANDRE PENNER/THE ASSOCIATED PRESS

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RESTAURANTS



Tidal 'doing just fine,' Jay-Z tells critics in Twitter rant

STREAMING SERVICE

Rapper's tweet tsunami latest effort to set record straight

Jay-Z unleashed a series of tweets on Sunday defending Tidal, the music streaming service he bought and relaunched a little over a month ago.

Tidal, a Swedish-based music streaming service entered an already crowded market, with the backing of several high-profile artists, promising higher quality audio files and more money going directly to the artists.

However, since its launch, consumers do not appear to have embraced the service and last week, the app fell out of the list of top 750 Apps on the iOS app store, after peaking at 83 on April 7.

In response to the negative publicity, Jay-Z unleashed a 15-missive tweet-storm Sunday, attempting to set the record straight against the "many big companies that are spending millions on a smear campaign."

Among the highlights:

"Tidal is doing just fine. We have over 770,000 subs. We have been in business less than one month."

Jay Z in a tweet on Sunday



Jay-Z, seen with rapper Sean Combs at the 2015 NBA All-Star Game in New York City, took to Twitter to defend his music streaming service Tidal against critics. ELSA/GETTY IMAGES

"Tidal is doing just fine. We have over 770,000 subs. We have been in business less than

one month."

"Tidal pays 75% royalty rate to ALL artists, writers and producers — not just the founding members on stage."

But there still is a long way to go. Tidal's 770,000 subscribers are relatively small compared to the current market leader, Spotify, which as of January had 15 million pay-

ing subscribers and 60 million users.

Jay-Z's final tweet pointed to an exclusive concert by Jack White on the service. That might be the path to success, or at least differentiation, for the service. So far, Tidal's exclusives have not seemed impressive, or enough to galvanize consumer interest. Part of

+ REACTION

Apple reportedly taking pre-emptive action

While the Tidal service definitely faces an uphill struggle, there may be some truth to the allegations about the competition. The New York Post's gossip site Page Six reported last week that Apple executives have "declared war on artists who sign up with Tidal" and that the company may be taking longer to publish updates to Tidal in a pre-emptive move to help its relaunch of Beats Music, which is scheduled for June.

the issue is that because of the number of existing record label deals with artists, it's hard to get truly exclusive content.

The other is the issue of timing. Unlike streaming video, where there is a dogfight to create or lock up exclusive content for rival services — which can easily be seen in Canada as Netflix, Shomi and Crave all issuing press releases when they sign a deal for new series of exclusives with networks — music streaming is already commoditized and many of the rival services all have huge libraries with much of the same content.

TORSTAR NEWS SERVICE

RETAIL

Nunavut split on beer sale

Nunavut politicians are once again facing the emotional issue of whether to open the territory's first retail store to buy alcohol.

Residents of Iqaluit strongly favoured a beer and wine store in a vote last week. But many remain deeply opposed to it, fearing further booze-fuelled social problems in a community that already has plenty of them. Supporters say easier access to beer and wine would fight bootlegging and wean some drinkers off more powerful hard liquor.

Nunavut has Canada's most restrictive liquor laws, with many communities banning alcohol entirely.

The decision to allow a beer and wine store in Iqaluit now rests with the territorial cabinet. THE CANADIAN PRESS

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ROSEMARY WESTWOOD

metroview

"B.C. is not prepared for an earthquake"

My mum can't remember what's packed into the two large garbage bins waiting by the woodpile for the big one to hit B.C. My dad was the mastermind behind the earthquake kits — the contents of which could furnish an art installation on preparedness and its quaintness. Sleeping bags. Tent. Canned food. Can opener. Shoes. Radio. Medical kit.

When the big one hits — scientist say a mega earthquake and tsunami off the West Coast are inevitable — my parents will be ready to survive, if they survive.

There are two ways to see an earthquake like the one that hit Nepal Saturday, killing 4,000 and counting.

On one hand, there's the destruction that no government can fully prevent, and no Victoria, B.C., family can escape via stocked garbage bins. On the other hand, there's the hindsight that tells us more should have been done to shore up unstable buildings and save lives.

In between is apathy.

A report released last month chides the B.C. government for not addressing earthquake apathy in both the public and inside government, and for prioritizing short-term needs over preparedness. The government has "hamstrung" Emergency Management B.C. with budget cuts, charged Henry Renteria, author of the report, earthquake survivor and former emergency-prepared-

ness director in California.

He found little had changed since the provincial auditor general last year determined B.C. is "not adequately prepared for a catastrophic earthquake."

The government has spent millions on seismic upgrades to bridges and has promised at least \$2.2 billion for schools. But Renteria's report calls for more, including increased funding and power to Emergency Management B.C. and co-ordination between the province, businesses and government.

"You can bet those scenes of destruction can happen here," he said, referring to Nepal. Every city on this continent is vulnerable to a moderate earthquake. "Bridges, electrical systems, water delivery systems."

Accepting that more must be done, the government then put the onus on individuals, urging people to spend \$5 to \$20 on their own earthquake kits. My parent's garbage bins ("unique in the neighbourhood," my mum admits) cost more. But the news from Nepal didn't cause him anxiety, nor does a recent study suggesting a one in 10 chance the next 50 years will bring a tsunami ripping over Vancouver Island. My parents are ready to jump out of bed and roll the garbage bins to higher ground.

"We've done what I think is reasonable," Dad said. Everything else "is beyond our control."

the big number

500:1

Those are the odds, as of press time, for a new royal baby named Daenerys, a.k.a. Khaleesi, Mother of Dragons and rightful heir to the Seven Kingdoms. A safer bet for what Kate and William will call the new princess or prince — according to top U.K. bookie Ladbrokes — is Alice (5:4) or Arthur (12:1). Today as the birthday also has good odds (3:1). But if you're really a gambling hound dog set on heartbreak, go ahead and bet on the name Elvis — the odds are a blue-moon 1,000:1.

Speedsters in the 'hood should be run to ground

YOUR RIDE

Colin Fast



We've all had the experience. You're out strolling the neighbourhood or maybe sitting on your front step on warm summer evening, then suddenly you hear a rumbling sound.

Before you can turn around, some dipstick in a truck or on a motorcycle goes blazing down your previously quiet residential street at 10 or 20 kilometres over the speed limit.

You want to throw something — a dirty look, the finger, maybe a rock — but the guy (it's almost always a guy) is gone too quickly, on his way to making that next stop sign three seconds sooner than if he followed the speed limit.

So you just curse under your breath — and then you wait 20 minutes for the

scene to repeat itself.

You could phone someone to complain, but that's not likely to accomplish much. While police and city councillors get plenty of calls on the issue, a police representative acknowledged residential streets aren't a focus for speed enforcement operations.

"Instances of bad driving behaviour occur more frequently with higher traffic volumes," said Staff Sgt. Rob Riffel. "The focus of traffic enforcement is to change that behaviour, so higher-traffic-volumes areas are monitored more closely."

Riffel's explanation makes some sense, but exceeding the limit in residential areas is different than on higher speed, multi-lane regional roads.

Houses are closer to the street, pedestrians are using the sidewalk, cyclists are on the road and kids are playing in front yards. That's why

even going a few kilometres over the limit can make such a difference to safety and quality of life in residential areas.

And those are the reasons why some other Canadian jurisdictions are taking steps to address the issue.

Evidence is clear that slowing down traffic on residential streets saves lives.

Saskatoon recently wrapped up a six-week blitz of residential areas that included digital speed boards, signage and targeted enforcement by police officers. By making the effort visible, city officials hoped drivers would get the message to slow down in all areas.

In Calgary, the police commission is studying a

proposal to use police cadets or bylaw officers to conduct traffic-control operations in residential areas. If approved, the program could pay for itself with ticket revenue.

And the Ontario government is reviewing whether to reduce the province-wide default residential speed limit to 40 km/h.

Meanwhile in Winnipeg, the city and province teamed up to bring in some confusing, inconsistent school zones and called it a day.

The evidence is clear that slowing down traffic on residential streets saves lives. It would be nice to see city council get up to speed with other jurisdictions in improving the safety of our neighbourhoods.

Colin Fast is a communications specialist and freelance journalist in Winnipeg. Follow him on Twitter @policyfrog.

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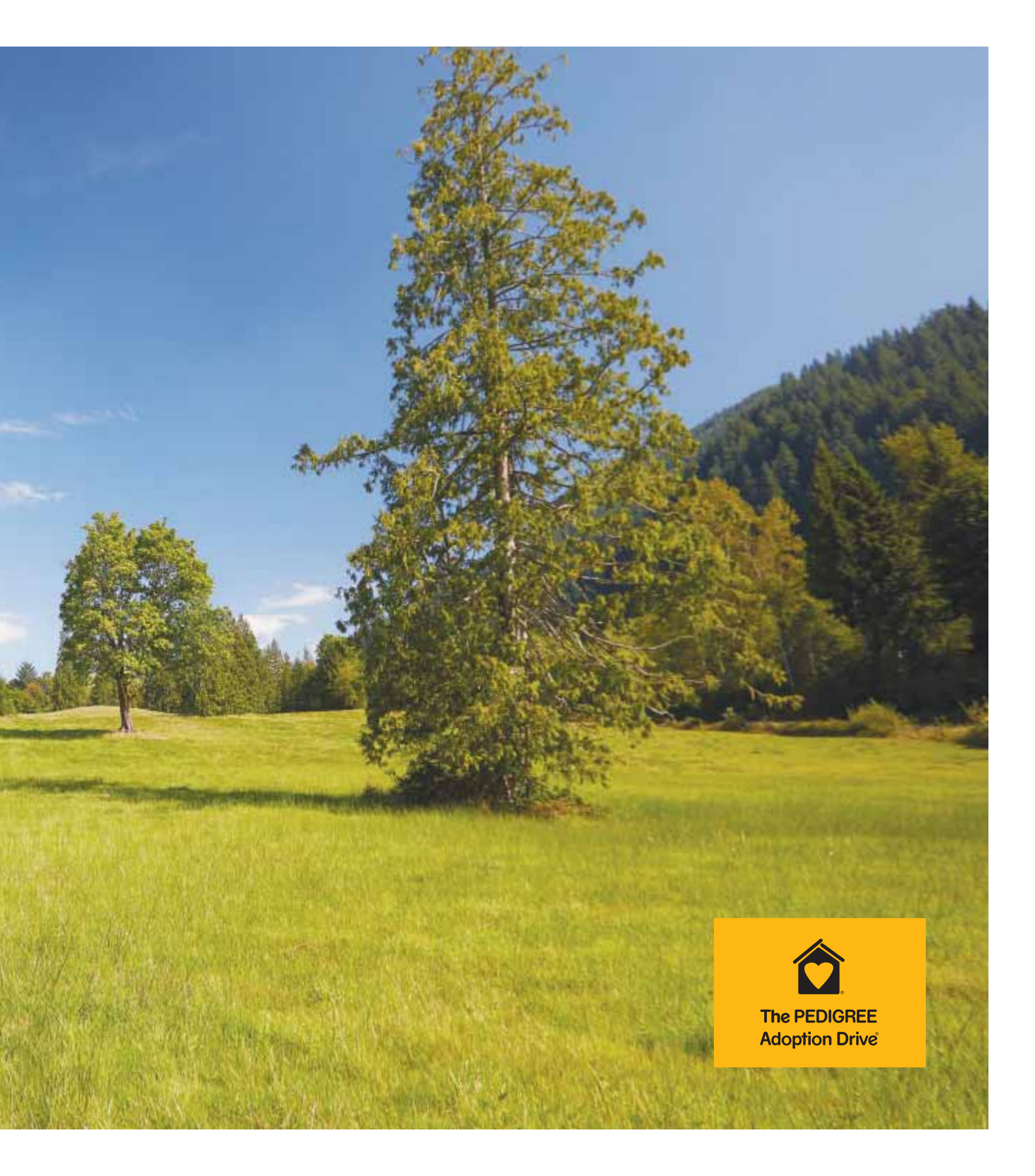
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Writers protest Hebdo award

CONTROVERSY

PEN's freedom of expression prize divides literary world

Canadian author Michael Ondaatje is among a group of at least six writers who have withdrawn from next month's PEN American Center gala, citing objections to the literary and human rights organization's honouring the French satirical magazine Charlie Hebdo.

PEN announced Sunday that the writers were upset by Charlie Hebdo's portrayals of Muslims and "the disenfranchised generally."

The Paris-based magazine, where 12 people were killed in a January attack at its offices, is to receive a Freedom of Expression Courage Award at the May 5 event in Manhattan. Much of the literary community rallied behind Charlie Hebdo after the shootings, but some have expressed unhappiness with its scathing cartoons of the Prophet Muhammad and other Muslims.

Francine Prose, a former PEN American president, has also withdrawn.

"I was quite upset as soon as I heard about (the award)," Prose said during a telephone interview Sunday night. Prose said she was in favour of "free-



Charlie Hebdo, a satirical magazine seen here supported by a graffiti artist in Rennes, France, is the controversial recipient of a Freedom of Expression Courage Award at the PEN American Center gala next month. DAMIEN MEYER/AFP/GETTY IMAGES

dom of speech without limitations" and that she "deplored" the January shootings, but added that giving an award signified "admiration and respect" for the honoree's work.

"I couldn't imagine being in the audience when they have a standing ovation for Charlie Hebdo," Prose said.

The gala is the highlight of PEN's annual, week-long World Voices Festival and is intended as a celebration of artistic achievement and expression, with past award winners includ-

ing Ondaatje, Salman Rushdie and Philip Roth. Besides Charlie Hebdo, which will be represented by editor in chief Gerard Biard and critic and essayist Jean-Baptiste Thoret, others receiving awards include playwright Tom Stoppard, Azerbaijani journalist Khadija Ismayilova and Penguin Random House CEO Markus Dohle.

Prose and Ondaatje were among more than 60 writers scheduled to serve as hosts. According to PEN, the other hosts who decided not to attend were

Teju Cole, Rachel Kushner, Taipei Selasi and Peter Carey.

Ondaatje declined an interview request on Monday.

In a letter sent earlier Sunday to PEN trustees, current PEN American president Andrew Solomon acknowledged that several people were offended by some of Charlie Hebdo's cartoons, but added that PEN believed strongly in the "appropriateness" of the award.

"It is undoubtedly true that in addition to provoking violent threats from extremists, the

Hebdo cartoons offended some other Muslims, as their cartoons offended members of the many other groups they targeted," Solomon wrote.

"But, based on their own statements, we believe that Charlie Hebdo's intent was not to ostracize or insult Muslims, but rather to reject forcefully the efforts of a small minority to place broad categories of speech off limits, no matter the purpose, intent or import of the expression," he said.

"We do not believe that any



Michael Ondaatje is one of the writers protesting the award. GETTY IMAGES

IN DEFENCE

Rushdie supports PEN

Salman Rushdie defends the award, saying the decision of six writers to skip the PEN gala in protest will encourage intimidation. "The Charlie Hebdo artists were executed in cold blood for drawing satirical cartoons, which is an entirely legitimate activity. It is quite right that PEN should honour their sacrifice and condemn their murder," Rushdie wrote.

of us must endorse the contents of Charlie Hebdo's cartoons in order to affirm the principles for which they stand, or applaud the staff's bravery in holding fast to those values in the face of life and death threats."

THE ASSOCIATED PRESS

ANALYSIS

Prince of grunge was fuelled by shame

SOUND CHECK

Alan Cross



"Shame. That's what made Kurt into who he was."

I was on the phone with a writer friend from Los Angeles discussing the new documentary Kurt Cobain: Montage of Heck.

"He suffered from imposter syndrome, afraid that someone would call him out for being a fake. That came into conflict with the knowledge that he did have talent. And partly because he came from a broken home where his strong mother constantly be-

rated his father — which explains why he was attracted to Courtney — he was never able to resolve this inner battle, even as he was being anointed the voice of a generation. Hence the shame."

This is one of the many conclusions that might be drawn from the film's two-and-a-quarter hours, which attempts to humanize the complicated Cobain from his birth to just before he took his own life in April 1994.

When Courtney Love first approached Brett Morgen to create a documentary about her late husband in 2007, he thought it would take 18 months. After all, he had previously tackled difficult celebrity topics with The Kid

Stays in the Picture, the story of Hollywood film producer Robert Evans. No such luck.

Delays were caused by Courtney's various legal black holes — the lawsuits, the financial issues and the turmoil between her and daughter Frances Bean, important because she eventually served as Montage's executive producer. She was vital in securing the co-operation of the rest of Kurt's family. And then there was the storage locker. After Kurt died, Courtney heaved all his stuff into storage to prevent it from being picked over by "friends" who seemed hell-bent on stealing as much as they could. Nothing was organized or catalogued; no

one knew what was in that locker. And because Kurt was such a pack rat — anyone want to psychoanalyze that? — there was a lot of stuff to go through before any kind of narrative could be sculpted. The one that emerged is much different than expected: Beyond the expected misery, Kurt was a warm, fun guy.

Montage gets especially eerie in the sections where Morgen uses Kurt's own voice. It seems like he's narrating his life story from beyond the grave.

Kurt was a complex character. And while we'll never really know who Kurt Cobain was, Montage of Heck is probably the closest anyone will ever get.



A young Kurt Cobain in happier days. CONTRIBUTED



Salma Hayek, seen here in London in March, has brought Kahlil Gibran's *The Prophet* to the big screen. TIM WHITBY/GETTY IMAGES

Adaptation hits home for Hayek

PAGE TO SCREEN

Actress visits Lebanon to promote The Prophet

Hollywood star Salma Hayek, in her ancestral homeland Lebanon for the first time, launched the global premiere of her animated adaptation of Kahlil Gibran's celebrated novel *The Prophet* on Monday.

The Mexican actress and director described the movie version of the Lebanese author's spiritually uplifting book as a "love letter to my heritage."

She said the adaptation, which features an all-star cast, was a "personal film" because her Lebanese grandfather loved *The Prophet*.

"Through this book, I got to know my grandfather. Through this book, I had my grandfather teaching me about life," said the star, who has been in Lebanon since Friday.

The Prophet, now in its 163rd edition, is widely considered the second-most-read book in the world, after the Bible.

The movie adaptation, being screened in Beirut on Monday evening, features the voices of Hayek, along with actors Liam Neeson, Alfred Molina and Frank Langella.

A collection of poems and prose, originally written in English, *The Prophet* has been translated into more than 40 languages since its first publi-

cation in 1923.

It tells the story of Almustafa, who before returning to his homeland, speaks to residents of the city of Orphalese about different aspects of life — love, work, children, friendship and death.

The movie is entirely animated, with dream-like fantasy sequences as Almustafa — called simply Mustafa in the film — shares his wisdom before being expelled by authorities because of his poetry.

**Through this book, I
had my grandfather
teaching me
about life.**

Salma Hayek, whose
Lebanese grandfather loved
The Prophet

Divided into 26 chapters, verses from The Prophet are often quoted at births, weddings and funerals around the world.

"Your children are not your children, they come through you but not from you," one popular line reads.

"When love beckons to you, follow him, though his ways are hard and steep," reads another, a regular at weddings.

Gibran wrote most of his books in the United States, where he headed the New York Pen League, the first Arab-American literary society, although he was born in Lebanon under Ottoman rule. AFP

FORMER Q RADIO HOST

Jian Ghomeshi saga being turned into book

A book on disgraced former radio star Jian Ghomeshi, written by Toronto Star investigative reporter Kevin Donovan, is slated for release in late June.

Kobo and ECW Press say they've partnered to co-publish Ijan Ghomeshi — Secret Life.

Kobo says the book will reveal details and background about Ghomeshi and explore how he came to be fired as host of CBC Radio's Q. Ghomeshi is charged with seven counts of

sexual assault and one of overcoming resistance by choking, but his lawyer has said he will plead not guilty to all charges.

Kobo will offer the book digitally while ECW Press will put out the print version to the North American marketplace.

Kobo vice-president Pieter Swinkels says the book is "a thought-provoking story that forces us to look again at social, cultural and gender roles."



A book on Jian Ghomeshi, pictured, is being written by reporter Kevin Donovan. DARREN CALABRESE/THE CANADIAN PRESS

[illegible]

FAMILY LAW

Pink concert OK for preteens, judge rules

A mom's decision to take her 11-year-old daughter to a Pink concert has a judge saying, "So what?"

The New Jersey judge says the concert trip isn't evidence of bad parenting.

NJ.com reports the girl's parents are divorced, and her father accused his ex-wife of abusing her parental discretion by taking their daughter to the December 2013 concert at the Prudential Center in Newark.

But state Superior Court Judge Lawrence Jones rejected the complaint in a 37-page decision that contained a brief history of rock 'n' roll and a commentary on the increasing use of judges as referees for warring divorced parents.

Jones said Pink may have some suggestive moves and lyrics, but she's an artist whose works aren't necessarily inappropriate for preteens.

Jones noted in his decision that he spoke privately with the girl, who is now 12, and took into consideration the mother's reasoning for allowing her daughter to attend the show.

He found that the mother "in no way, shape or form exceeded the boundaries of reasonable parental judgment" in



Pink isn't necessarily inappropriate for preteens, a U.S. judge has ruled. GETTY IMAGES

taking the girl to the show during her own parenting time. He also found that she didn't subject the child to any unreasonable risk of harm, or compromise the girl's health, safety or welfare.

"To the contrary, when all the smoke from the custody litigation clears, it will be self-evident that all which happened here is that a young girl went to her first rock concert with her mother and had a really great time," the judge wrote in his decision, which quoted the lyrics from Pink's songs The Great Escape and Perfect as examples of messages for adolescents.

THE ASSOCIATED PRESS

Why performative parenting is the pits

MANNERS

No one wants to hear you TALK LIKE THIS to your kids at dinner

URBAN ETIQUETTE

Ellen Vanstone



Dear Ellen,

When I'm out with friends for dinner and drinks, we hate to find ourselves next to a table with unruly children. But even worse is listening to parents loudly discipline them. Kids will be kids, I get that. But, why do parents feel a need to prove how good they are at parenting? If they were that good, maybe the kids wouldn't act up in the first place.

Victor, Calgary

Dear Victor,

First of all, kudos for not blaming the children, who by definition are noisy, smelly, obnoxious and unbearable to be around much of the time.

But who among us has not shrieked, vomited, thrown food or lost control of our bodily functions in public before the age of two — or, indeed, even after the age of two when certain college events or intense personal relationships got out of hand.

As for blaming the parents, I'm with you all the way. These narcissistic, ill-bred boors are practising a style



It can be difficult to raise pre-adolescent humans, but good manners and common sense is all you need. ISTOCK

of "performative parenting" popularized by boomers in the late 20th century, now being practised by their procreating Gen X spawn. It consists of TALKING TO YOUR CHILDREN IN A LOUD, CLEAR VOICE at all times — at the supermarket, in nice restaurants, on airplanes — in order to meet the performative parent's own bottomless need for constant attention from the rest of us.

They possibly think we find them witty and fascinating as they archly tell little Attila or Grendela that "Mommy can't give you any of the nice artisanal bread, darling, because the gluten might upset your stom-

ach enzymes," at which point their co-parent might chime in to add — with a wink at his or her mate — "But seeing as it's Mommy's turn for diaper-changing tonight, maybe a little cracker won't hurt."

Hilarious. Except the poor kid doesn't get the joke.

All the little blob is learning (unless Attila or Grendela is a genius who understands organic chemistry, in which case I'll eat my hat, some crow and all the bread) is that it's OK to foist your lame-ass conversation on paying customers around you when you go out to dine in any establishment that is not a fast-food circus.

I hasten to add that I know

how difficult it is to raise pre-adolescent humans, but good manners and common sense is all you need.

All you need to do is treat them the way a zookeeper treats a non-housebroken, slightly crazed wombat: Feed and water them, shower them with love and attention, keep them penned up until it's absolutely necessary to inflict them on society.

And then train them to behave quietly and discreetly in restaurants and other public places by setting a proper example yourself.

Need advice? Email Ellen at scene@metronews.ca

IN BRIEF

Mom kills thrill for teens taking risk: Study

Adolescent brains negotiate risk differently than those of adults and a new study exposes what modulates their risk tolerance as they drive.

Working with teen participants accompanied by their mothers, the research team tracked blood flow in their brains as they completed a simulated driving task.

Upon running a yellow light,

blood flow increased to the reward centre of the brain, when the teen drove alone, but with mom watching, the effect was minimal.

"The prevailing view is that this peak in reward sensitivity in adolescence underlies, in part, adolescent risk-taking," says lead author Eva Telzer. AFP



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HEALTH & WELLNESS



SHUTTERSTOCK

Ease into your exercise routines

Many Canadians become weekend warriors when temperatures begin to climb into the teens. But for Hal Johnson, a Canadian fitness guru known for BodyBreak, weekend warriors could be fighting a losing battle.

"I play on two over-35 hockey teams," Johnson says. "This past February, a 52-year-old player dropped dead in the shower — he was a former AHL hockey player.

"We put the paddles on him and he's living

today. But he was (clinically) dead, and that happens every year."

The weekend warrior phenomenon — where people are inactive, then suddenly engage in an activity that they aren't used to — is part and parcel of our long Canadian winters.

"It's a Canadian problem," he says. "We get in the habit of being active when the weather's good, but when the weather's bad, we stop."

Johnson recommends slowly building up

your activity levels when the weather turns warmer.

"Find something you enjoy and do it on a regular basis," he says, adding that even someone as active as he and his wife, Joanne McLeod, take additional steps when starting activity beyond their norm. "When we were going on The Amazing Race, we hired a personal trainer and worked for six weeks. He put us in positions and used muscles we wouldn't normally use."

Instead of being a weekend warrior, it's better to incorporate activity on a regular and sustained basis.

And perhaps reconsider those single-event, activity-based events that require non-active people to engage in intense physical activity.

"Take your money and just give it to the charity instead," he said. "Or take half of it, give it to the charity, then take the other half and go to a gym."

—Jay Menard

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Balancing hormones and weight loss

When it comes to losing weight, turn to U Weight Loss. This health and wellness company offers clients personalized weight-loss programs that are scientifically based and developed by a team of health professionals, including medical doctors, naturopaths and registered nutritional consultants.

"This, along with balancing hormones through food, is what sets us apart and helps make U Weight Loss an industry leader," says Moira Quigg-Lee, vice-president for U Weight Loss. "The programs are safe and proven and are designed to cater to families, as well as individuals."

When you come to U Weight Loss, you are guided toward

your health and weight goals by a team of certified personal health coaches who can help you develop programs designed with your lifestyle and needs in mind. As a client, you get expert one-on-one advice on nutrition, weight loss and health, as well as encouragement to incorporate exercise into your weight-loss program.

"A vast variety of recipes help fuel client success as well, all of which are perfectly balanced according to nutrient ratios," Quigg-Lee says.

"Results are further ensured through nutritional supplementation with our Intelligent Nutraceuticals, a complete

line of award-winning and customized professional supplements and vitamins. These are formulated to accelerate weight loss, ensure optimal nutrition and improve overall health. Creating meals in such a way as to balance the body's own fat-burning and fat-storing hormones is one of many criterion that sets U Weight Loss Clinic apart and makes us an industry leader."

U Weight Loss Clinic's main goal is to establish weight loss through wellness, creating long-term success without dieting or deprivation, but rather by applying leading-edge science to everyday life.



Jo-Anne Yuskin before.



Jo-Anne Yuskin after. CONTRIBUTED PHOTOS

AN ENCOURAGING STORY

Jo-Anne Yuskin had struggled with her weight all her life. She spent her life cutting back on meals and trying to exercise more.

"But absolutely nothing worked," she says. "I was desperate to know what I was doing wrong. I went into the U Weight Loss Clinic at Kenaston, right here in Winnipeg, and their knowledgeable and compassionate coaches taught me the simple science behind their program."

Yuskin lost 14 pounds in her first three weeks and 60 pounds in 17 weeks.

"I can tell you, I don't miss those 60 pounds even one little bit. I feel truly alive for the first time in decades. There are no words to explain how it feels to go from being a 54-year-old, unhappy, frustrated, overweight woman to a woman who has now completed marathons. It's still hard to believe this is me and this is my life."

U Weight Loss Clinic acted like a mini-school and a mini-cooking class all wrapped in one.

"I thoroughly enjoyed learning how to combine foods that would rev up my

metabolism and balance my hormones."

Not only did the pounds come off quickly, but Yuskin noticed her energy level increased as her overall health improved.

"I never felt deprived and there were no needles, no prepackaged foods, no crazy diets or exercise regime. It really is simple science translated into a simple lifestyle."

"Here I am, three years later, and I feel amazing. I've kept the weight off and with the knowledge I now possess, I am empowered to keep it off for the rest of my life. I'm sharing my story because I truly want to help those who might be thinking like I used to think — nothing works when it comes to weight loss. Not so."

Yuskin is hoping others will be inspired by her story.

"If my story can offer you encouragement to just give U Weight Loss Clinic a chance to show you how simple their program is, and, more importantly, how you never have to think about dieting again, then I am so happy."



Sherri Urkow before.



Sherri Urkow after. CONTRIBUTED PHOTOS

DELIGHTED BY RESULTS

After three decades of teaching, Sherri Urkow says her latter days as a ballet instructor were plagued by the usual culprits of menopause — hot flashes, mood swings, poor sleep, bloating and, ultimately, the dreaded weight gain; almost 20 pounds of belly fat.

"The fat around the middle section just seemed to arrive and refused to leave," Urkow says. "It had all become actually quite unbearable and nothing I tried seemed to help, including visits to a naturopathic doctor."

On a recommendation of a friend, Urkow went into U Weight Loss Clinic. In her first week, she lost seven pounds and 10 inches.

"Not only was I delighted by the dramatic weight loss, but I was so amazed by the other significant health improvements."

After two weeks into the program, her acid reflux and IBS symptoms dramatically improved and the bloating and discomfort all but disappeared. Urkow started sleeping better throughout the night. At the end of the fifth week, she no longer suffered from hot flashes.

"I even noticed a significant improvement in my skin and hair. In less than eight weeks, I had lost 16 pounds, was sleeping like a baby and had fantastic energy. More importantly, my mood swings and hot spells were gone and my tummy was flat."

She was also down three dress sizes.

"This was never a diet, but rather a science-based education on weight loss, sort of a weight loss for dummies program. It has given me back my life, my body, my sleep, my energy, even my skin tone. In a short time, I had become totally transformed by this new knowledge. I used to miss meals, eat on the run and dreaded cooking. Now it's fun — I eat everything from pizza to nachos and I don't skip meals any more. It's such an easy adjustment, even for fussy eaters like me."

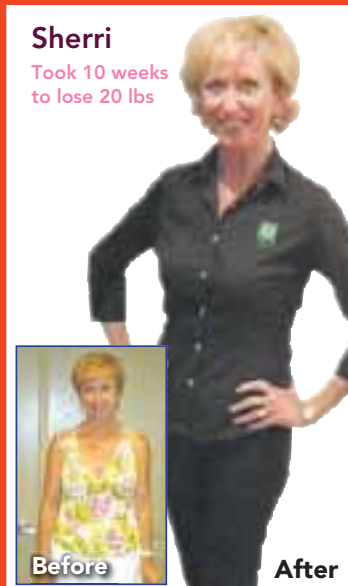
Urkow says she enjoyed the thousands of delicious recipe choices U Weight Loss offers and says she even lost a few extra pounds on the maintenance phase of the program.

"A year later and I still feel fantastic."



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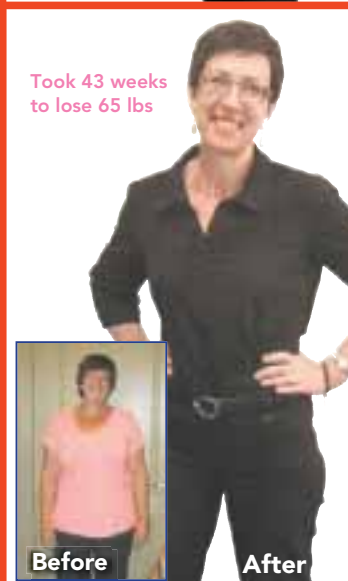
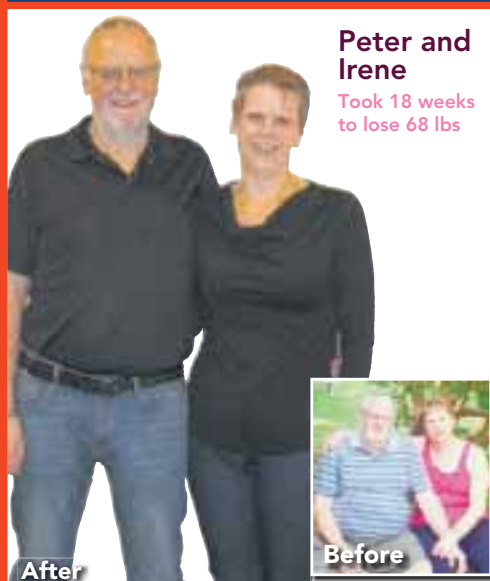


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AN ATTENTION TO DETAIL ... AND YOU THE LIVE RIGHT MASSAGE & FACIAL SPA

You want to get a massage, but you are overwhelmed with all of your options. How do you choose?

Why not try the Live Right Massage & Facial Spa?

"What makes this place special is the attention to every single detail and a customer experience that rivals some of the best spas in Winnipeg, without the hefty price tag," says Daryn Chernick, owner of Live Right. "The colours that greet you are fresh and clean, and there is a unique focus on exotic woods that adorns the front lobby and all of the treatment rooms."

The spa also features local artists on the walls, which gives it a classy touch.

While the look of the spa is refreshing and relaxing, the real experience is in the services. All the massage therapists are registered (for benefits) and the estheticians are all licensed skin specialists.

It's recommended that a newbie try all the introductory specials, featuring a customized 60-minute massage for \$60, a

90-minute hot stone massage (a must try) for \$100, or an amazing 60-minute signature facial for \$60 featuring Dermalogica products.

"Once you try these specials you are going to want to come back, and that's where this concept makes sense," Chernick says.

Live Right is a membership-based spa, but your membership can go toward massage, facial, body treatments, or even waxing. You can also use it with a deluxe two-person aromatherapy rain-and-steam shower, which is an amazing pre-massage experience that loosens you up and allows you to get the most out of any massage.

Memberships are free and all that is required is that you prepay for one service per month, and then use it at your convenience.

"The membership does not lock you in for a pre-set amount of time and you can cancel out of it at any time with 30 days' notice," Chernick says.

The membership is also shareable for your



CONTRIBUTED

household. And if, for some reason, you can't make it in for the month, you can carry it forward so you can use it the next month.

"It really is a flexible plan that gives

discounts on all of our services," Chernick says. "It's a great way to remind you to come in and pamper yourself and use up benefits at the same time."



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Hiller fired up to face Ducks

NHL PLAYOFFS

Flames goalie returns to Anaheim in second round

Facing his former team in the second round of NHL playoffs is a spicy prospect for Calgary Flames goaltender Jonas Hiller.

Prior to Hiller's arrival in Calgary last summer, the Anaheim Ducks were his first and only NHL team. He was their No. 1 for the majority of his seven seasons in Anaheim until a precipitous fall from favour just over a year ago.

The Calgary goalie's familiarity with their playoff foe adds an interesting wrinkle to what is already the Cinderella story of this year's NHL post-season.

"I can't deny that it's something special," Hiller said Monday. "Knowing a team you used to play seven years for, I think that makes it a little more special than playing against another team."

Calgary wasn't considered a playoff contender in the second year of a rebuild, but the Flames open a best-of-seven Western Conference semifinal in Anaheim later this week. The NHL had yet to release the schedule Monday.

The Flames haven't won a regular-season game at the Honda Centre since 2004. Calgary won a single playoff game in three played there in 2006.

Hiller went 2-2 against his former club this season, includ-



Jonas Hiller started the majority of Calgary's regular-season games for a 26-19-4 record in 52 outings, a 2.36 goals against average and a save percentage of .918.

TODD KOROL/GETTY IMAGES

ing a pair of losses in Anaheim, but he feels comfortable in that arena.

"You walk in there and everything just feels so much more familiar than any other rink because I've been there for such a long time," he said.

Hiller was pulled less than eight minutes into Calgary's 7-4 win over the Vancouver Canucks on Saturday to take the series 4-2.

He gave up two goals on



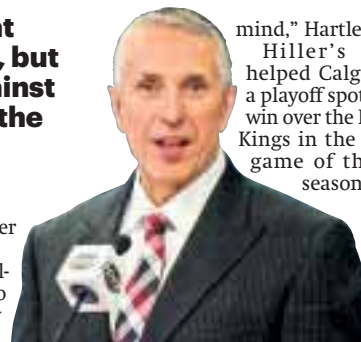
Look at the games that Jonas gave us all year, but more importantly against the Kings and then in the playoffs.

Bob Hartley on Jonas Hiller

three shots before reliever Karri Ramo stopped 17 of 19 for the win. Still, Flames coach Bob Hartley didn't hesitate when asked Monday who his

Game 1 starter will be.

"Jones Hiller, there's no doubt in my



mind," Hartley said.

Hiller's 33 saves helped Calgary clinch a playoff spot with a 3-1 win over the Los Angeles Kings in the last home game of the regular season.

The 33-year-old from Felben-Wellhausen, Switzerland, carried a solid goals-

against average of 1.84 and a save percentage .942 through the first five games of the opening round against the Canucks.

Hiller tightened his grip on the starter's job for the post-season with a 4-1 record in his last five starts of the regular season. Ramo also was injured in the regular-season finale, which clarified Calgary's goaltending for the playoffs.

THE CANADIAN PRESS

FREDDIE GRAY

O's postpone game for safety reasons

The Baltimore Orioles' home game against the Chicago White Sox was postponed Monday night because of safety concerns after riots broke out near Camden Yards following the funeral of Freddie Gray.

Baseball commissioner Rob Manfred, at the stadium for a previously planned visit, said Tuesday night's game between the Orioles and White Sox could be moved — possibly to Nationals Park in Washington — if safety continued to

be an issue.

Rioters looted stores and threw rocks and bricks at Baltimore police about three miles from the stadium in the wake of the mysterious death of Gray. He died April 19 after suffering a severe spinal injury in police custody.

The team said the game was called off after consultation with police. The White Sox were in Baltimore for the start of a three-game series.

THE ASSOCIATED PRESS

IN BRIEF

Cavs move on minus Love

The Cavaliers will move forward in the NBA playoffs without Kevin Love and with their title hopes shaken. Cleveland's starting forward has been ruled out for the team's next playoff series — and perhaps longer — after dislocating his left shoulder in Sunday's win to sweep the Boston Celtics.

Love was hurt when he got tangled with Celtics forward Kelly Olynyk while chasing a loose ball in the first quarter.

THE ASSOCIATED PRESS

Doughty, Karlsson, Subban named Norris candidates

The NHL announced its finalists for the 2014-15 James Norris Memorial Trophy on Monday.

Drew Doughty of the Los Angeles Kings, Erik Karlsson of the Ottawa Senators and P.K. Subban of the Montreal Canadiens were voted as the three finalists for the trophy that's awarded "to the defence player who demonstrates throughout the season the greatest all-round ability in the position."

THE CANADIAN PRESS

MLB

Cards' Wainwright out for rest of 2015

The tests results were no surprise. Before Adam Wainwright left the field in Milwaukee, the St. Louis Cardinals anticipated they'd be losing their staff ace for the season.

The 33-year-old pitcher will have surgery this week, likely Thursday, because of a completely torn left Achilles tendon. Recovery time is generally nine to 12 months, and general manager John Mozeliak was "optimistic" the six-foot-seven right-hander will be ready for



Adam Wainwright
GETTY IMAGES

spring training. "Unfortunately news, but not unexpected after what we saw," Mozeliak said before the Cardinals played Philadelphia. "Given that it's his left leg, I think we're optimistic it'll be sooner rather than later, but as far as this year goes, he's done." THE ASSOCIATED PRESS

5

PLAYERS AND THEIR OTHER PROFESSIONS

The 23-woman Canada roster announced Monday for this summer's Women's World Cup is more than a collection of soccer players: It's an eclectic group with many strings to its bow. Here's a look at some of the women's off-the-field talents.

THE CANADIAN PRESS ALL PHOTOS GETTY IMAGES



1 Erin McLeod: Artist/entrepreneur

A renaissance goalkeeper, McLeod is a talented artist whose first solo show, titled *Limitless*, in Toronto was a hit in the fall of 2013. "I've always drawn. It's always been kind of my release." She currently has 13 commissioned pieces on deck. McLeod says her strength is "pencil sketching and attention to detail" but often mixes the pencil work with acrylics to add colour. The Alberta native, who has a home in North Vancouver, also is an investor in and brand ambassador for *Peau de Loup*, a clothing line founded by Vancouverites Adelle Renaud and Beccy Anderson. The company has a date on the *Dragon's Den* TV show and is slated to create travel suits for the World Cup team. **For more information, visit erinmcleod.net and peaudeloup.com.**



2 Desiree Scott: Zumba instructor

The tenacious five-foot-two Winnipeg midfielder, known as *The Destroyer*, loves to dance and took a course in 2014 to get certified. Zumba uses a mix of salsa, reggaeton, merengue and other music. "It's just about really feeling the music and it actually is a workout ... it's a fun way to get some exercise in."

Follow @MsDScott11 on Twitter.



3 Lauren Sesselmann: Fitness DVD guru

The American-born defender, who qualifies to play for Canada through her father, who was born in Stephenville, N.L., has her own successful fitness program called *Fit As a Pro*, which focuses on quick, high-intensity on-the-go workouts. "I absolutely love it. Fitness is a part of our life, so it's something that really interests me ... and if I can help other people get to that level, that's definitely my dream."

For more information, visit fitasapro.com.



4 Melissa Tancredi: Chiropractor

The veteran striker, who has three degrees, started her chiropractic studies in 2006 and graduated last year, after essentially taking 2013 and 2014 off from soccer to focus on her studies. She started in pre-med at Notre Dame but became interested in becoming a chiropractor, recommended by the football team, after seeing one for back problems. "He treated me and he started giving me books and stuff to read and I really fell in love with it." The native of Ancaster, Ont., graduated from Logan College of Chiropractic in suburban St. Louis. **Follow @MelTancredi14 on Twitter.**

5 Emily Zurrer: Food truck owner

Emily Zurrer and Selenia Iacchelli are food truck co-owners. The two friends and teammates, along with Iacchelli's sister, own a Vancouver food truck called *Sweet Ride FroYo 'n' Waffles*, which hit the road in the summer of 2013. The business is currently on the backburner because of their soccer demands. The big seller? That's easy, says Zurrer, a defender from Crofton, B.C.. It's the *Sweet Monkey*, which is a Liege waffle with frozen yogurt, peanut butter, Nutella, banana and Skor pieces. "Don't tell Cesar about that one," joked Zurrer, referring to Cesar Meylan, the sport scientist tasked keeping the women in peak physical condition.

Follow @SweetRideFroYo on Twitter



WOMEN'S WORLD CUP

Canada rolls dice on dinged-up Matheson

Midfield dynamo Diana Matheson, sidelined by a serious knee injury last October, has made Canada's 23-woman roster for this summer's World Cup.

The 166-cap veteran, whose work ethic and passing help Canada unlock defences, tore her anterior cruciate ligament in a 3-0 friendly loss to Japan. She has been seen with crutches in recent days after injuring a foot during her rehab.

But the 31-year-old native of Oakville, Ont., is no stranger to comebacks.

Matheson, who stands just

a half-inch over five feet, had knee surgery to repair torn cartilage in her right knee in November 2011. The recovery time was longer than expected but she recovered to play in the 2012 Olympics, scoring the stoppage-time goal that beat France for the bronze medal.

Talismanic forward Christine Sinclair, with 222 caps and 153 international goals, will serve as captain. The

31-year-old from Burnaby, B.C., is one of six players with more than 100 national team appearances.

The others are Matheson, fullback Rhian Wilkinson (163), midfielder Sophie Schmidt (131) and goalkeepers Karina LeBlanc (110) and Erin McLeod (104).

They're the spine of a team that went from dead last at the 2011 World Cup to the podium

at the 2012 Olympics in London.

"Today marks the culmination of three years of dedicated work from the team and we are pleased with the final selection," head coach John Herdman said in a statement. "After the Olympics, we challenged the players to shed an old skin and strive to be even better as a team, and as individuals."

"Ultimately, we feel that this group of 23 makes us the best team we can be across our four corners of the game. They fully deserve this honour."

THE CANADIAN PRESS

-10
Only one player — 28-year-old midfielder Selenia Iacchelli, with four appearances — has fewer than 10 caps for Canada.



Canada captain Christine Sinclair jokes with her niece after the Women's World Cup roster was announced on Monday in Vancouver. DARRYL DYCK/THE CANADIAN PRESS

RECIPE Chili Topped with Cornbread

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

Twitter: @rosereisman



Ready in

Prep time: 15 minutes
Cook time: 42 minutes

Ingredients

- Serves 6
- 2 tsp vegetable oil
 - 1½ cups chopped onion
 - 1 cup canned corn kernels, drained
 - 2 tsp minced fresh garlic
 - 8 oz extra-lean ground beef
 - 1 can (19 oz) red kidney beans, drained and rinsed
 - 2½ cups tomato sauce
 - 1 cup diced potato
 - ½ cup chicken or beef stock
 - 2 tsp chili powder
 - 1½ tsp dried basil
 - ½ tsp cumin
 - ¼ cup chopped fresh parsley

Cornmeal Dumplings

- 2/3 cup all-purpose flour
- 1/3 cup cornmeal
- 1½ tsp baking powder
- 2 tsp granulated sugar
- 1/3 cup milk
- 1 egg
- 2 Tbsp vegetable oil
- 2 Tbsp chopped green onions or chives
- 1 cup grated low-fat cheddar cheese

Directions

1. Preheat oven to 400 F.
2. In a large skillet add oil, onions



corn and garlic; cook until corn begins to brown, about 5 minutes. Stir in the beef and cook for 5 minutes, until the beef is cooked.

3. Stir in the beans, tomato sauce, potato, stock, chili powder, basil, and cumin. Bring to a boil, reduce the heat and cover. Simmer for 20 or just until the potatoes are tender.

4. While chili is cooking: combine flour, cornmeal, baking powder, sugar, milk, egg, oil, green onions and ½ cup cheese until combined and spoon over chili in about 6 large mounds. Add remaining half cup cheese and bake for 12 - 15 minutes or until cornbread is cooked.

Nutrition information per serving (recipe serves 6)

- Calories 470
- Protein 26 g
- Fat 13 g
- Saturated fat 4 g
- Carbohydrates 60 g
- Cholesterol 56 mg
- Sodium 565 mg
- Fibre 8 g

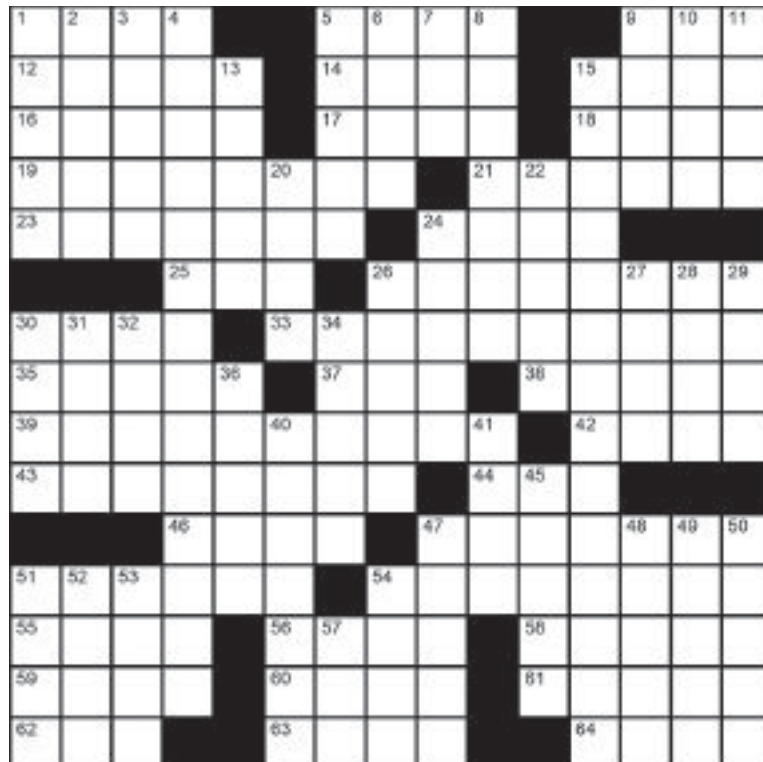
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. ___ salts
5. The ___ Brothers (Montreal folk quartet)
9. Allow
12. Hodge-podges
14. Take ___ from (Be influenced)
15. Rabbit-like animal
16. Finished/broken, in slang
17. Sawing cut
18. Aussie footwear
19. The Caped ___ (Batman)
21. Greatest extent
23. Ancient style of ruler
24. Jump
25. Gold: Spanish
26. Brown ___ (Type of catfish)
30. Ride the waves
33. Enroll again; or, make an etched dedication again
35. Vertical
37. Fireplace segment
38. Formula
39. Author of 1935 novel The African Queen, ___ (b.1899 - d.1966)
42. "___ do!" ("No you don't!" retort)
43. Island state of Australia
44. Globe



46. Cheese nibblers
47. Crouched
51. Robe in 1980 miniseries "Shogun"
54. Cabinetry wood
55. Balanced
56. Stagger
58. Lucifer

59. Buddies
60. Erupter of Europe
61. Humdrum
62. Mtn. blaster
63. Gulf War missile
64. Feet finials

DOWN

1. Italian ball

- sport
2. Startle
3. Slant skywards: 2 wds.
4. Centre Block on Parliament Hill is where its members sit: 3 wds.
5. Cookies and cakes creator
6. Computer

- company
7. Sci-Fi play
8. Fills the tank with additional gas
9. Lake: Spanish
10. Energy units
11. Check
13. Brenda ___, Reporter (Classic comic strip)

15. Oscar-winning actor for his performance as the Canadian captain (who is Cockney in the book version, as per #39-Across) of a steam launch in "The African Queen" (1951): 2 wds.
20. Gateway
22. Powders
24. Aerobics move
26. Region's flora and fauna
27. Emerald entity
28. Catching ___ (Commuter's task)
29. Half, in Hull
30. Group
31. Sky bear
32. NHL officials
34. Vintage dairy products cow
36. VIA vehicle
40. Extras on 6/49 tickets
41. Rocker, David Lee who?
45. Henhouse
47. Lunch-time order
48. Flagstones-created retreat
49. Matrikin
50. Units of force
51. Saved
52. Mr. Terrible the Tsar
53. Thaw
54. Restaurant's 'book'
57. And so on [abbr.]

★ IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

Life is good and getting better by the day, the hour, even the moment. You may find that hard to believe but only because you are focusing on things that are no longer of any importance to you. Expand your horizons, and have fun.

♉ Taurus April 21 - May 21

You are full of energy and enthusiasm now, but that does not mean you should throw caution to the wind. By all means be bold today but have a goal too, something you can work towards, if only by indirect means.

♊ Gemini May 22 - June 21

You may be tempted to bend the rules a bit today but the planets warn you won't gain much if you do. Not only that, but later in the week your conscience will nag at you.

♋ Cancer June 22 - July 23

Try not to worry what others might think of you. If certain people disapprove of what you are doing you should take that as a sign that you are doing the right thing. In fact, the more you shock them the better!

♌ Leo July 24 - Aug. 23

Tackle tasks and objectives you might not have the confidence or courage to tackle at other times. Yes, powerful people are likely to oppose you but you are pretty powerful too in your own way.

♍ Virgo Aug. 24 - Sept. 23

Nothing is beyond you now and if you put your mind to it you can reach new heights over the next week or so. This is also a good time to go back and try again at something you failed at earlier in the year.

♎ Libra Sept. 24 - Oct. 23

You seem to be having trouble at keeping a desire of some sort under wraps. Perhaps you should take the hint and let everyone know about it. According to the planets others will applaud you for being so open and honest.

♏ Scorpio Oct. 24 - Nov. 22

With Mars moving through your opposite sign there are sure to be times when others rub you up the wrong way but you must not get aggressive in return. Give them the cold shoulder.

♐ Sagittarius Nov. 23 - Dec. 21

If something you are working on does not seem to be making progress most likely it's because you are trying too hard. You are at your best when you are relaxed, so slow down and calm down and you'll master it soon.

♑ Capricorn Dec. 22 - Jan. 20

You will make efforts above and beyond the call of duty over the next 24 hours. The Sun and Mars in the most dynamic area of your chart makes you feel like you can take on the world and win. And you know what? You can!

♒ Aquarius Jan. 21 - Feb. 19

The fact that you seem to be the odd one out is not cause for concern. More than any other sign Aquarius likes to think and act against the grain - it's what makes you special.

♓ Pisces Feb. 20 - March 20

Deals and negotiations of all kinds will go well today - you know just when to act tough and just when to make concessions. Listen to that small voice inside your head.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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IBEW 2034

G. DUCHARME, JULY 2011
J. NORQUAY, JULY 1994
C. MCKAY, SEPTEMBER 1989
A. SYLVESTRE, FEBRUARY 1982
G. STORY, NOVEMBER 1971
D. RETTIG, OCTOBER 1967
G. MITCHELL, SEPTEMBER 1962
R.J. LAFRANCE, JANUARY 1960
B. HUNTER, AUGUST 2007
W. ROWE, MAY 1993
G. REMPLE, AUGUST 1996
G. WOTTON, MAY 1984
J. REMPLE, JUNE 1977



G. PETERS, MARCH 1971
J. SPENCE, JULY 1967
S. PETERS, OCTOBER 1966
L.A. HURST, JANUARY 1958
M. BOYCHECHKO, NOVEMBER 1961
J.S. JOHNSON, AUGUST 1966
S. GILLINGHAM, JUNE 1998
R. LESTRAT, MARCH 1990
R. TITTLEMEIR, AUGUST 1986
N. ANTONATION, FEBRUARY 1983
D. MITCHELL, DECEMBER, 1973
W. WEBBER, AUGUST 1969
T. BEARDY, OCTOBER 1966
J.L. REIMER, SEPTEMBER 1958

*An Injury to One
is an Injury to All*

APRIL 28TH
NATIONAL DAY OF MOURNING

IN HONOUR OF WORKERS WHO HAVE TRAGICALLY LOST THEIR LIVES DUE TO A JOB RELATED INJURY OR ILLNESS. PLEASE REMEMBER THOSE WHO MADE THE ULTIMATE SACRIFICE.